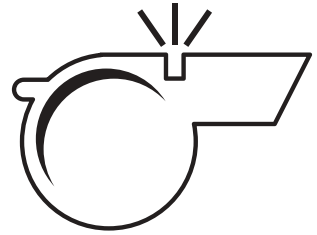


JOIN US FOR

COACHES TRAINING



November 17, 3:00pm, Kernodle Senior Center

Join us for a collaborative session with other area youth sports coaches and professionals. Participants will:

- Learn tips and tricks to get the most of their practice times
- Discover how to better connect with their players
- Explore how they can have a positive and active role with spectators.

This training session is for coaches of all abilities and experience levels and open to all in the county.

*RSVP to your Athletics Director by November 15.

FEATURED SPEAKER: DAVID RAGAN

David is a mental performance coach trained in a master's program in sports and exercise psychology. He has worked with youth, NCAA and professional athletes on mental performance as well as coaches at the youth and college level. He was a multi-sport youth athlete, multi-sport coach, and referee as well as an athletic director at the middle school level. His goal in working with coaches is to assist them in developing athletes while helping them to cultivate a culture of trust and relationship building.

Co-Sponsored By:

